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Year Between Friends: 3191 Miles Apart



Synopsis

An exploration of 365 days of shared experiences between two friends on opposite sides of the country, inspired by their blog, 3191 Miles Apart. ã ã Maria Alexandra Vettese and Stephanie Congdon Barnes share a love of art and design, handmade pleasures, and a well-lived domestic life. Almost a decade ago, they began their first year-long project together, posting a photo from each of their mornings on their blog, 3191 Miles Apart, named for the distance between their homes in Portland, Maine, and Portland, Oregon. 3191 Miles Apart quickly acquired a worldwide following of readers drawn in by the delicate intimacy of their shared experiences. ã ã A Year Between Friends celebrates their most recent project togetherãçâ ãâ •a visual representation of 2015, month-by-month, side-by-side, but miles apart. In addition to 400 photographs recording their daily inspirations and creative undertakings and a foreword from New York Times bestselling author Molly Wizenberg, this unique collaboration expands on their prior work with over 25 handmade crafts and seasonal recipes, notes on simple living, and personal stories that follow the tide of a year filled with new life, change, and loss. It is an intimate joint portrait revealed through photographic snippetsãçâ ãâ •mending a sweater, making a mobile from a cherished collection, creating fabric dyes from natural materials, baking sconesãçâ ãâ •that defies distance through the celebration of shared moments of calmness, warmth, and family. Both aspirational and down-to-earth, A Year Between Friends is an inspiring visual love letter to friendship and creativity, a timeless reminder to appreciate life one day at a time, to slow down, to cherish simplicity, and to make the extra effort to do things with care and with the people we love.

Book Information

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Customer Reviews

Maria Alexandra Vettese is a Portland, Maine-based art director who also works in photography and design. She co-owns and curates the shop More & Co. Stephanie Congdon Barnes is a Portland, Oregon-based photographer and stylist who also works in illustration, soft sculpture, and textiles. Stephanie has photographed for clients both big and small—from Starbucks to her daughter's birthday party. Together, they host the website 3191milesapart.com and are coauthors of *A Year of Mornings*.

LOVE.

I'm grateful to MAV and SCB for their continual appreciation for the simple and lovely in the world. Quite often we need to learn to slow down and breathe and observe exactly what is happening--take it in and use our hands again. Thank you, for your journeys, for 3191 as a whole.

This is a comforting book to read. Try and savor it by reading slowly is my only advice. I've also made SCB's beeswax food wraps. They work!

I just love it. I love their pictures.

Just what my wife ordered. Thank you!

delightful!

I'm spellbound & inspired. Grab a blanket and a handkerchief, you will want both and need one for sure, at least I did. It's a cozy, informative, picturesque read.....now back to the pictures and a sun filled Election Day nap.

A thoughtful read about friendship and loss. Great recipes.

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